

BASIC TOWER CLIMBING COURSE

This course teaches delegates the use of technical fall protection equipment to gain access to and egress on open structures like telecommunications towers, pylons, and other open lattice steel

COURSE HIGHLIGHTS

Theory Syllabus

- Introduction to Work At Height
- Understanding Fall Factor
- Orthostatic Intolerance
- Introduction to Height Safety Equipment
- Unsafe Practices
- Pre-Use Inspection

Practical Syllabus

- Climbing Techniques
- Use of Work Positioning,
- Lanyards, Retractable Lifelines, Vertical Lifelines & Fall Arrestors
- Open Structure Climbing
- Temporary Fall Arrest Lines on Open Structures
- Rescue and Recovery
- Harness Fitting and Pre-use Inspection
- Safety Check

COURSE FEE	\$450 + GST
DURATION	1 DAY
MEDIUM	English
ASSESSMENT	Written Assesment + Practical Performance
SDU POINTS	NA
SDF FUNDING	Pending
MOM ACCREDITED	NA

23 Neythal Road, Blk B #05-01 Fluorotech Building
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RECOMMENDED FOR

Telecommunications tower repair and maintenance operators